

June 2011

**Dear Parents & Athletes,**

**Welcome to the Lincoln Prep Blue Tiger Football Team.**

My coaching staff and I are very excited about the 2011 football season. We are looking forward to building upon the success we had last year by repeating as Conference Champions, making another run at the Missouri Class 3 playoffs and ultimately making it to the Missouri Class 3 Championships.

We are also looking forward to working with and training you sons to be the absolute best “people”, “students”, and “athletes” that they can be. I am a firm believer that athletics is an excellent way to teach important life skills that are essential to the student/athlete’s success long after they are done with the game of football. Sports give young men the opportunity to learn teamwork, discipline, and how to set and achieve goals.

In order for success to be obtained by the Lincoln Prep Blue Tiger Football Program, there is one thing that has to be first and foremost from all parties involved:

**“COMMITMENT”**

From the Administration to the student/athlete, we have to have a high level of commitment from each and every person involved. Practice has to be attended each and every day by the players and by the coaches. It will take great sacrifice by us all, but sacrifice is necessary in order for us to reach our goals.

**Summer Practice will begin June 16** at Lincoln Prep H.S. and will run from 7:30 a.m. to 12:00 p.m. Our practice will consist of teaching, training, weightlifting, and conditioning. There are two scheduled scrimmages with the possibility of more being added.

Parents, I know that this will require great sacrifice from you and from your sons, but I feel that the sacrifice is well worth it once we look back on the season after it is completed.

Again, welcome to Lincoln Prep and welcome to the Lincoln Prep Blue Tiger Football Team!

*Coach Lee Allen*

*Head Coach – Football (816) 914-1113*